



## PADI EMERGENCY FIRST RESPONSE

Emergency First Response is PADI's CPR and First Aid class. This class provides participants with invaluable, up to date training that every person should know. You will receive training in cardiopulmonary resuscitation (CPR), first aid and the use of an AED (automated external defibrillator).

The Emergency First Response (EFR) program consists of two core modules:

1. Primary Care (CPR)
2. Secondary Care (First Aid)

### **The Emergency First Response Class:**

- Includes the latest innovations in first response techniques and protocols.
- Follows protocols from the Basic Life Support (BLS) Working Group of the International Liaison Committee on Resuscitation (ILCOR).
- Satisfies MN-OSHA (Occupational Safety and Health Administration) CPR requirements.
- Meets CPR requirements for persons seeking certification through the American Council on Exercise.

We offer this class at our facility or on-site at your business in the Twin Cities Metro area. Group rates are available.

### **Who should enroll in the Emergency First Response class?**

This class is geared towards people interested in acquiring or updating CPR and First Aid skills. There are no pre-requisites and is available for everyone, young and old. And, while this class is not diving specific, it does meet the requirements for the PADI Rescue Diver and Divemaster certifications.

### **Class Includes:**

- Emergency First Response Manual and Video
- Certification Processing

**Pre-requisites:** None

**Minimum Age:** None

**Class Fee:** \$69.00

**Class Schedule:** For the most current schedule, contact the shop or visit [www.AirDownThere.com](http://www.AirDownThere.com)